



# SPORT AT BRASENOSE

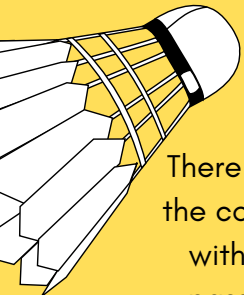
*Explaining the different ways you can stay active at Brasenose!*

## **College Sports**

Brasenose has a fantastic range of sports teams which currently include rowing, football, netball, rugby, badminton, tennis, squash, running, cricket, pool and rounders! If there's another sport you would like to do at college level, let me know and we can try and get it up and running! College sports are for students of all levels/experience, and you can join at no cost. College sports are of course completely optional, but I would definitely encourage you to give it a go, even if you weren't keen at school! It's an incredible opportunity to try new sports, whether you've played them before or not, and is a brilliant way to get to know people across all years and make lots of new friends. If you're curious about what sort of thing we get up to, then check out some of the various sports pages on Instagram linked at the end!



**AHMED DIAB**



## **How To Get Involved**

There will be a Brasenose freshers fair at the start of term where you will be able to meet all the college captains and sign up for anything you're interested in. If you want to get in touch with a particular captain of a sport before arriving, please send me a message and I can pass you onto the right person! I'll also send out a list of the captains at the start of term. College sport is very laid back, often there might be training once or twice a week (except rowing, which may be a bit more per week if you can manage it!), and you do not have to commit to every match/training - you can get involved as much or as little as you like! We will also be doing a sports day during freshers week for you to get a taster of college sports and look forward to seeing you all there!

## **Gym Memberships**

As Brasenose does not have its own gym on site, college members can access the Uni-wide gym in the Iffley Road Sports Centre for free, as long as you take your Bod card with you! You may need to book in some cases, and you can book gym slots for free on the Oxford University App - sign in using your SSO and member ID which will be emailed to you! You should be able to book/use the gym as soon as you get here if you wish. Check out the Oxford University Sport website (below) for more information.

Alternatively, there are external gyms available (BuzzGym, top of Westgate Shopping Centre, and PureGym, near Westgate) that are much larger, but of course require a paid membership.



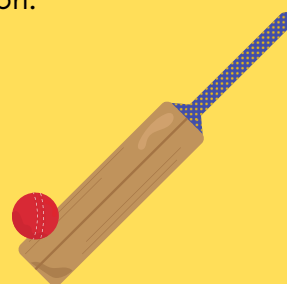
## DTG

DTG = Down The Grounds. We are lucky enough to have amazing sports grounds located on Abingdon Road, about a 20-minute walk from college, and a 5-minute cycle! We have football and rugby pitches, as well as a netball/tennis court. If you want to play some casual tennis, you will need to book a court via the online booking system (located on the intranet). If you want to go for a kickabout, make sure you check if the pitches are free beforehand, as there are often matches on by asking myself, any of the football captains, or you can email our wonderful groundsman, Danny, directly on [sports.ground@bnc.ox.ac.uk](mailto:sports.ground@bnc.ox.ac.uk). If you are heading DTG for a college training session/match, your captain will have booked the relevant court/pitch, so there's no need to worry about booking anything yourself. There are also changing rooms and toilets located in the Pavilion.



The address for the grounds is:

63 Abingdon Road  
Oxford  
OX1 4PW



## University Sport

If you would like to play a sport at a more competitive level, or wish to get involved in a sport that isn't played in college, check out the Oxford University Sport website (see below), which has an A-Z of all the sports clubs in the University and their details. We will be in touch shortly with everyone that is involved with uni sports and would be happy to answer any questions that you may have! Please do get in touch with our sports rep, Harish, ASAP if you are looking to get involved with university sport as teams are very eager to get freshers involved in pre-season and freshers week training! You can find out more about specific sports on social media pages, but please do not hesitate with any questions regarding this.

## Funding

If you play/train at University level, the college will reimburse some of your costs (kit, subsidies and essential equipment). Support for University sport is always for the individual, and not for the team. The College Office will send an email during the first few weeks of each term with all the necessary details on how to apply for funding and will inform you of the deadline. I will send out details and reminders about funding as soon as the form is available. Please get in touch if you're not sure whether you're eligible to apply!

If you want more information about university sports, the gym at Iffley, or anything else sports, check out the uni sports website below, or get in contact with Harish!



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[www.sport.ox.ac.uk](http://www.sport.ox.ac.uk)



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